



## Spa Menu

### Rejuvenating Facials

Like the phases of the moon and the tides, we would like to keep the hormonal phases of the body in natural rhythm. Just as your eyes are the windows to the soul, your face is the mirror of your inner feelings, the image which present you to the world.

#### Balancing and Refining Facial

This facial helps to brighten your complexion with a combination of alpha hydroxyl acids and Vitamin C & B complexes. By not stripping the skin of excessive oil, we treat it in order to allow the skin to balance itself naturally, making this facial safe for the most sensitive and reactive of skins.

1h 15 min | USD 65

#### Anti Oxidant Facial

An anti-aging treatment designed to combat the effects and signs of aging. The unique layering process tones, soothes and brightens the skin, revitalising in the long term while providing an immediate, healthy glow.

1h 15 min | USD 65

#### Express Facial

For the executive on the go, this facial rejuvenates the skin and relaxes you without putting a dent in your schedule. Our pure, natural ingredients feed the skin and return the youthful glow often dulled by stress.

45 min | USD 40

#### Deep Cleanse Facial

A deep cleanse can leave the skin looking refreshed and more youthful. By using our gentle Exfoliating Cream and hot mittens, we purify the skin without the long term damage usually caused by steaming and harsh exfoliators. An exfoliation with massage that stimulates and uplifts tired and dull skin, and clears problematic skin.

60 min | USD 50

#### Vitamin Booster Facial

This uplifting facial uses a rich vitamin and mineral cocktail to replenish the skin, boost your immune system and energise the skin. Great for tired, stressed or run down skin, leaving you revitalized.

30 minutes - USD 30 | 60 minutes - USD 50

### Massages

#### Majestic Awakening

Easy-melting Shea from Ghana creates a sublime, beautiful body experience. Once applied to the skin melts deeply into the upper layers of the dermis to hydrate, soothe and condition. The shea is combined with your sensory selection of exotic jasmine, neroli and geranium, or black pepper and rosemary for a deep tissue treatment, or calming chamomile to relax. The treatment begins where your neck, shoulders and scalp are deeply massaged, dissipating tension and stress through touch and aromatherapy.

30 minutes - USD 45 | 60 minutes - USD 70

#### Swedish Massage

A gentle, soothing, massage for those who simply want to lie back and relax, using long slow strokes to reduce emotional and physical stress.

30 minutes - USD 45 | 60 minutes - USD 70 | 90 minutes - USD 100

#### Deep Tissue Massage

A very firm massage to relieve severe tension in the muscle by physically breaking down these adhesions to relieve pain and restore normal movements.

30 minutes - USD 50 | 60 minutes - USD 80

#### Aromatherapy Massage

The treatment has both physiological and psychological effects which soothe, revitalise and uplift the spirit using essential oils.

30 minutes - USD 45 | 60 minutes - USD 70 | 90 minutes - USD 100



### Scalp Massage

A relaxing and healing treatment using special energy balancing oil, the scalp is massaged with a signature routine to balance and uplift.  
30 minutes - USD 45

### *Body Treatments*

Enjoy a full body scrub followed by an algae or mud wrap to rid the body of toxins through metabolic stimulation, where after the skin will be hydrated using Shea butter and rich lotions to soften the skin. Choose between relaxing, detox and nourishing wraps.

### Immune boosting Clay

Not suitable for pregnant ladies  
Our vitamin and mineral cocktail is enriched with plant extracts to promote a healthy immune system and is applied as a mud wrap and left to set on the body to stimulate lymph, collagen and toxin elimination.  
120 minutes | USD 150

### Full Body Exfoliation

Your body has an innate natural rhythm which we often forget. We work with this natural rhythm in assisting the body to renew itself. Our carefully selected Marula and Walnut micro particles, enveloped by hydrating Shea butter from Ghana, ensures that your skin cells are evenly exfoliated whilst receiving maximum nutrition for the new beginnings.  
45 minutes | USD 150

### *Classic Treatments*

#### African Potato Experience

This relaxing remedy is about treating the skin and nails naturally to keep them hydrated and therefore flexible

and strong. An intensely hydrating African potato wrap, blended with natural antioxidants is applied to ensure continued skin health and to rejuvenate the hands & feet and a mani or pedi is done  
Manicure 60 min - USD 40 | Pedicure 60 min - USD 55

### Standard Manicure & Pedicure

For a beautiful respite from the high-energy nature of everyday life, join us for an experience with a difference. Your hands or feet will be massaged, your nails shaped and your skin richly hydrated with our all-natural products designed to undo environmental damage to your skin.  
Manicure 60 min - USD 35 | Pedicure 80 min - USD 50

French Manicure or Pedicure additional USD 10.00 and allow 15 more minutes

### *Waxing*

Full leg	USD 50
Half leg	USD 35
Bikini line	USD 35
Underarm	USD 25
Full leg & Bikini line	USD 75
Full leg, bikini line & underarm	USD 90

### *Shaping and Tinting*

Eyebrow tint	USD 10
Eyebrow shaping	USD 25
Eyelash tint	USD 30
Eyebrow & eyelash tint	USD 35

